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Ampro Solutions is dedicated to delivering a broad spectrum of public training programs, driven by our unwavering commitment to excellence and steadfast support for your professional advancement.

Discover a wealth of opportunities to augment your skills, broaden your knowledge, and unleash your complete potential through our meticulously crafted training calendar.

As your reliable partner in professional development, Ampro Solutions aims to equip you with the tools to not only succeed in your career but also to adapt to changes and maintain a competitive edge in your industry.

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Your success is our mission!

Soft Skills (Leadership, Motivation, Communication, Interpersonal Skills, Clerical & Administrative Skills, HR, Finance, CRM, Negotiation, Creative Thinking & Problem Solving, MS Excel)

PRODUCT CODE	TRAINING PROGRAMMES	DURATION	RETAIL PRICE/PERSON (RM)	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	ОСТ	NOV	DEC
SLS-102	Developing Effective Supervisory Skills	2 days	1600						22-23					
SLS-111	The 5 Essential Mind-sets for Effective Leadership (Managers & Leaders)	2 days	1600					6-7						
SLS-116	Competency-based Performance Appraisal and Evaluation for Performance Improvement	2 days	1600								18-19			
SLS-121	Leadership Development in VUCA Environment	2 days	1800							12-13				
SLS-123	Engaging and Empowering Your Team (for Top Management, Managers & Leaders)	2 days	1800			25-26								
SCI-105	Interpersonal Skills & Communication Skills	2 days	1600					24-25						
SCI-114	Effective Recruitment, Selection & Interviewing Skills	2 days	1600				14-15							
SCI-202	Latihan Sambil Bekerja Yang Berkesan (OJT)	2 days	1600										25-26	
SCA-101	Business Writing for Administrative Professionals	2 days	1600						22-23					
SCA-103	Front Desk Professional & Receptionist Image Building	2 days	1600				8-9							
SCA-106	Administrative Staffs With Essential Skills And Right Attitude	2 days	1600									17-18		
SHR-101	Essentials of Employment Act & Labour Laws - Latest Update of Employment Act 1955 'Employment (Amendment) Act 2022'	2 days	1600								23-24			
SHR-105	Sexual Harassment Training for Employees	1 day	900							12				
SHR-108	Effective Payroll Administration	2 days	1600					24-25						
SHR-111	Human Resource (HR) for Non-HR Personnel	2 days	1600						24-25					
SHR-113	The Intermediate Level: Finance for Non-finance Manager in Decision Making	2 days	1600							19-20				
SHR-114	The Advanced Level: Essential Finance Training for Senior Non-financial Management Staff	2 days	1600									22-23		
SCR-101	Customer Service Relationship Management	2 days	1600					6-7						
SCR-106	Mastering the Art of Tele-marketing: Effective Customer Service Training	2 days	1600								9-10			
SNS-101	The Importance of Constructive Negotiation Skills for Procurement Personnel	2 days	1600				14-15							
SSM-103	Digital Marketing - Discover Modern Techniques to Grow Your Business	2 days	1600						15-16					
SSM-104	Marketing Essentials: Bridging Tradition and Innovation	2 days	1600										25-26	
SSM-105	Search Engine Optimization for Business (SEO)	2 days	1600							21-22				
SMS-105	Microsoft® Excel 2010/2013/2016 (Intermediate)	2 days	1600					10-11						
SMS-106	Microsoft® Excel 2010/2013/2016 – Advanced	2 days	1600											3-4
SMS-112	Microsoft Excel Data Analysis and Interactive Dashboard Reporting - Basic to Intermediate (The best ways to analyze data and build dashboard)	2 days	1600								18-19			
SMS-113	Power Query and Power Pivot	2 days	1600									7-8		
SMS-114	Microsoft Power BI - Getting Started with Power BI Desktop (From Basic to In-depth Understanding)	2 days	1600										18-19	

Negotiation Skills, Purchasing, Logistic & Supply Chain Management

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BSC-104	Import & Export Procedures and Documentations	2 days	1600		20-21									
BSC-105	Payment Methods in International Trade	2 days	1600							5-6				
BSC-106	Export Requirements, Preparation and Product & Service Development	2 days	1600									21-22		
BSC-107	Export Market Research, Market Selection and Market Entry Strategies	2 days	1600						4-5					
BSC-110	Mastering International Trade - Essential Concepts for Success	2 days	1600											9-10
BSC-111	Mastering Incoterms - comprehensive training for international trade professionals	2 days	1600				23-24						4-5	
BSC-114	Export Marketing and Promotion	2 days	1600								9-10			
BSC-129	Logistics & Supply Chain Management	2 days	1600					26-27						
BSC-130	Warehouse Operation Management & Inventory Management	2 days	1600	<u> </u>			28-29						16-17	
BSC-201	Operasi & Pengurusan Stor Yang Efektif	2 days	1600						17-18			14-15		

Business Management, Productivity, Lean & Project Management

PRODUCT CODE		Р	RETAIL RICE/PERSC)N										
CODE	TRAINING PROGRAMMES	DURATION	(RM)	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	ОСТ	NOV	DEC
BPI-101	Effective 8D Problem Solving Techniques	2 days	1600				8-9							
BPI-102	Seven Quality Control Tools Training (7QC Tools)	2 days	1600			29-30							11-12	2
BPI-106	Failure Mode and Effects Analysis (FMEA)	1 day	900							19				
BPI-107	Statistical Process Control (SPC)	2 days	1600									7-8		
BPI-125	New 7 QC Tools (Management & Planning Tools)	2 days	1600					26-27	7					
BRB-101	Understanding of Responsible Business Alliance (RBA)	2 days	1600				6-7				2-3			
BRB-103	Responsible Business Alliance (RBA) Internal Auditor Training	2 days	1600						11-12	2				12-13

Environmental, Social and Governance (ESG)

PRODUCT CODE	TRAINING PROGRAMMES	DURATION	RETAIL PRICE/PERSON (RM)	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	ОСТ	NOV	DEC
BSG-101	Environmental, Social and Governance (ESG) – Moving Towards Sustainability	2 days	3000					10-11						

ISO 9001 Quality Management System

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MQM-101	Understanding the Requirements of ISO 9001:2015 Quality Management System	1 day	900					10			29		
MQM-102	ISO 9001:2015 Internal Auditor Training	2 days	1600	19-20					13 & 14			5 & 6	
MQM-107	Document Control and Records Management Training	1 day	900	26				11			30		

ISO 14001 Environmental Management System

PRODUCT CODE	TRAINING PROGRAMMES	DURATION	RETAIL PRICE/PERSON (RM)	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	ОСТ	NOV	DEC
MEM-101	Understanding the Requirements of ISO 14001:2015 EMS	1 day	900							15			7	
MEM-102	ISO 14001:2015 Internal Auditor Training	2 days	1600								18 & 19			
MEM-103	Identifying and Evaluation of Environmental Risks and Opportunities including Aspects and Impacts	1 day	900							28				
MEM-104	Environmental Legislation & Related Regulations	1 day	900								10			

ISO 45001:2018 Occupational Health & Safety Management System

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PRODUCT CODE	TRAINING PROGRAMMES	DURATION	RETAIL PRICE/PERSON (RM)	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	ОСТ	NOV	DEC
MOH-101	Understanding the Requirements of ISO 45001:2018 OH&S Management System	1 day	900							27				3
MOH-102	ISO 45001:2018 Internal Auditor Training	2 days	1600									15 & 16		
MOH-103	Hazard Identification, Risk Assessment and Determining of Control (HIRADC) & Risks and Opportunities Management	1 day	900							29				
MOH-104	OHS Legislation and Related Regulations	1 day	900								11			

Integrated Management System

PR CO	ODUCT	TRAINING PROGRAMMES	DURATION	RETAIL PRICE/PERSON (RM)	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	ОСТ	NOV	DEC
MI	IM-109	Understanding the Requirements of ISO 14001:2015 & ISO 45001:2018 Integrated Management System	2 days	1600					4-5						4-5

Occupational Health & Safety

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HHS-109	Hazardous Chemicals Control & Safety Handling	1 day	900								12			
HHS-120	Effective Safety and Health Committee (SHC) Operations	1 day	900									17		
HHS-122	Investigation Reporting, and Analysis Technique	1 day	900						10					
HFA-103	Certified First Aider Training	2 days	1600							21-22				

Remarks:

- (1) All trainings are HRD Corp Claimable
- (2) Dates are subject for changes from time to time

Ampro Solutions Sdn Bhd (1107581-X)

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